

# WELCOME

## Union Wellness Centers

### HOURS

Monday	8 a.m. - 5 p.m.
Tuesday	9 a.m. - 7 p.m.
Wednesday	8 a.m. - 5 p.m.
Thursday	9 a.m. - 7 p.m.
Friday	8 a.m. - 4:30 p.m.

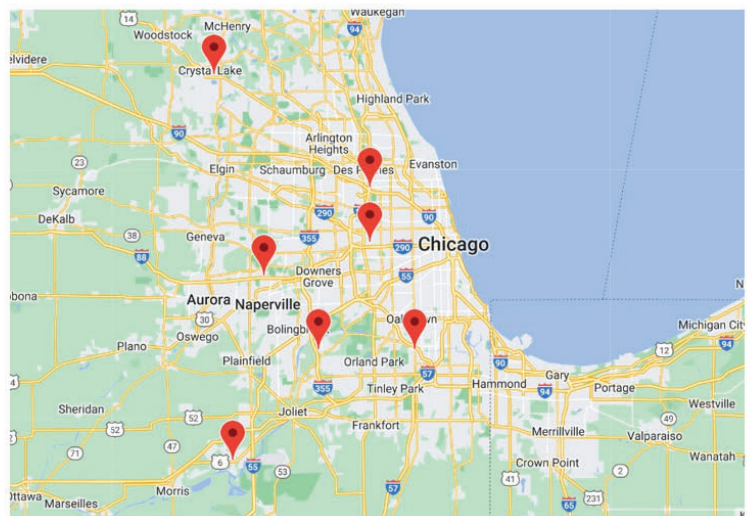


## Locations

### Union Wellness Centers

#### 7 Convenient locations

1. Crystal Lake
2. Rosemont
3. Bellwood
4. Crestwood
5. Warrenville
6. Lemont
7. Channahon



**Coming soon to Northwest Indiana!**

# General Information

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- Hours:
  - Monday 8 a.m. - 5 p.m.
  - Tuesday 9 a.m. - 7 p.m.
  - Wednesday 8 a.m. - 5 p.m.
  - Thursday 9 a.m. - 7 p.m.
  - Friday 8 a.m. - 4:30 p.m.
- Contact Information
  - Phone: 312.421.1016
- Patient / Provider Interaction
  - Patient Portal
- Website:
  - [www.unionwellnesscenters.com](http://www.unionwellnesscenters.com)



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# Concierge Medical Model

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## Establish Primary Care Relationship

- Understands your unique needs.
- Someone to help you navigate the health system.



## Convenient Access to Care

- Same Day Appointments
- Telehealth Services
- Next to **No** Wait Times



## Increased Care Time

- Longer and more personalized visits with your Doctor



# Billing?

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- **NO** Co-pays
- **NO** Deductibles
- **NO** Co-Insurance
- ALL in-house services are **COVERED** by the Unions including 60+ in-house Meds
  - Anything referred out is subject to your insurance

Health  
CLINIC



## On-site Services

- Primary Care
- Annual Physicals
- Chronic Condition Management
- Lab services
- Motion Health<sup>SM</sup>
- Physical therapy
- Immediate & Same Day Appointments
- Vaccinations
- Wellness education
- Medication Dispensary

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# Physical Therapy

- Mechanical Traction
- Dry Needling
- Patient Education
- Manual Therapy

- Therapeutic Exercise
- Balance Training
- Modalities
- Home Exercise Program(s)



## UWC's Physical Therapy Model vs Traditional

- Personalized 1 on 1 therapy with the same PT who can get to know you!
- No limitations to numbers of visits, so you can get all the care you need!
- Ample visit times with your PT, anywhere from 30-60 minutes!
- Your care team all works together in same clinic to better serve your needs!
- We treat you until you're better or before you even know you have a problem!

# Motion Health/Capture System (“The Green Room”)

- A 12-movement musculoskeletal screen using marker-less 3D motion capture technology.
- Used to help identify, address, and improve movement dysfunctions.
- Receive your detailed Motion Health results explaining your unique strengths, tendencies, imbalances, and/or any dysfunctions, along with a corrective exercise plan.
- If a movement or joint is causing you extra pain/symptoms, you can schedule a PT Evaluation to have it formally assessed and professionally addressed.



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